

# FH Patient's Journey:

Exploring Treatment Options

1

A patient or patient's close relative (parents, siblings, grandparents) has had:

- an **LDL-C level higher than 100 mg/dl** and/or **Lp(a) higher than 60 mg/dl** with documented CAD or PAD
- a **heart attack or stroke before the age of 50** and want to take steps to find out why this happened.



**FAMILY HEALTH ASSESSMENT**

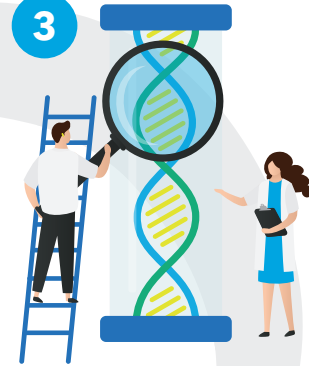
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The patient goes to their physician, who will likely check their risk factors, including cholesterol levels and current medical therapies and lifestyle, with the **goal of improving the patient's health status.**

Since high LDL-C and Lp(a) are genetically passed down, it is **important for the patient to have all their close relatives tested**, especially their children.

3



**TACKLING HIDDEN RISKS**

4



The physician recommends that the patient implement lipid-lowering strategies (drug therapy, diet and lifestyle changes).

**DRUG THERAPY & LIFESTYLE CHANGES**

5



In cases where the patient has CAD or PAD and their LDL-C and/or Lp(a) does not meet treatment goals (LDL-C less than 100 mg/dl and or Lp(a) less than 60 mg/dl), the physician may determine that **lipoprotein-apheresis (LA)** may be the best treatment option and connects the patient with nearest center.

**TREATMENT RECOMMENDATION**

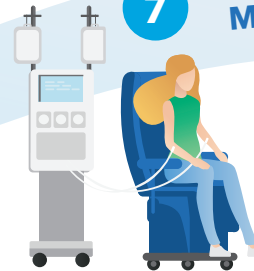
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**ONBOARDING**

The patient will meet with the LA team to see what they need to do before the first treatment (such as a switch or addition of medication, vascular access discussion, etc.).



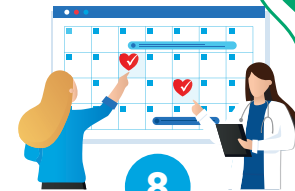
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**ADHERENCE: MANAGING LDL & Lp(a)**

The patient starts treatment and should expect to be there for **2-4 hours**, per session. The physician will check patient's cholesterol each session to ensure the levels are lowering and meeting treatment goals, helping to **reduce the risk of future heart attacks/strokes.**<sup>8</sup>

8



The patient should expect to have **treatments 2-4 times per month** (depending on cholesterol levels). Since LIPOSORBER is a lifelong therapy, it is important that the patient follow their doctor's recommendation.

**PATIENT CAN ENJOY A FULL LIFE**